

Life: To Be Given Back Again to Whence It Came

Confronting Grief Illiteracy Using a Personal Narrative Written in the Face of Grief

My doctoral dissertation explored the effect of storytelling on bereavement to determine its ability to process and reconcile with the loss of a loved one. Using evocative autoethnography, I wrote 41 self-narratives that detailed the events before, during, and after the loss of my father, specifically examining cultural interactions with grief through the eastern (Indian) and western (Canadian) lenses. Placing these narratives under analysis, common themes emerged that allowed me to design a unit plan for educators that would successfully bring grief work into the classroom using structured storytelling.



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Figure 3: My Conceptual Framework

